

Mass Intentions/Intenciones De Misas

Saturday, March 4
 4:30pm Al Gomes †
 *7:00pm Adan Bonilla †
 Sergio Villalobos Garcia †
 Cristina y Rosario Flores ††

Sunday, March 5
 *7:30am Juana Carlos Tovar †
 Guadalupe Godina †
 9:00am Richard Manibusan †
 Bell-Matulonis Family
 11:00am Lata Latu ~birthday
 Haskell & Ann Barnes ††
 *12:30pm Francisco Mendoza †
 Cecilia Hernandez †
 *2:00pm Juana Maria Urrutia †

Monday, March 6

8:00am †

Tuesday, March 7

8:00am no Mass

Wednesday, March 8

8:00am Karina Ramirez ~birthday
 Perez Family ~safe trip

Thursday, March 9

8:00am Fred Salter †
 *7:00pm Familia Lara

Friday, March 10

8:00 am U.S. Military

Saturday, March 11

4:30pm Edgardo Natividad †
 *7:00pm Arnoldo Plasencia †
 Magdalena Silvia Morfin †
 Luisa Diaz †

(* Espanol)



Join Us Every Friday During Lent

Lenten Soup / Caldo de Cuaresma

Every Friday at 6pm / Todos los viernes a las 6pm

Bilingual Stations of the Cross / Viacrusis Bilingue

Every Friday at 7pm / Todos los Viernes a las 7pm

***Each Friday a different church ministry will be in charge of bringing the soup and leading the Stations of the Cross.



Please Pray For:

Rachel S. • Pete Campos • Ernesto & Maria Flores • Herlinda Alvarado • Mateo Martinez • Andrew Miranda • Betty Venesio • Chris • Joe & Beverly Mendoza • Paul Martinez • Diana Martinez • David Martinez • Pete Ramirez • Joanne Frago • Essy Ugarte • Juan & Esmeralda Rodriguez • Michael & Olivia Palomares • Ramiro & Bertha Palomares • Juan Miguel Negrete • Denise Navarro • Janice Hernandez • Barbara Ann Torres • Vincent Miranda • Tamara Futrelle • Rafaela Palomares • Ray Radziak • Dolores Gomes • Mary Tasoni • Ivonne Garcia • Sara Ledesma • Caroline Granados • Eddie Saenz • Elsy Martinez • Jesse Torres Jr • Juan & Angelica Negrete • Gary Hansen • Angie Miranda • Pauline Pacheco • Anthony Pina Jr • Carmen Servin • Kelly Montoya • Bill Axtell • Madeline Martinez • Rose Iacopucci • Tiffany & Jack • Librado & Josefina Perez • Sam Ledesma • Timothy Barnes • Evelyn Lopez • **Our U.S. Military:** Marco Antonio Cuellar • David Costantino • Angela Barnes • Ruben Tapia • Carlos Falero • Roland Jufiar • Hans Morgan • Oren Morgan • Sean Machan

“One does not live on bread alone...”

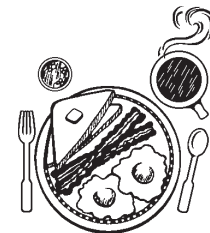
First Sunday of Lent

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March 5, 2017

Desayuno de Pancakes

Los Caballeros de Colón tendrán su Desayuno de Pancakes, (que incluye huevos, salchichas, papas, tortillas y salsa) el Domingo 5 de Marzo de las 8:30am hasta las 11am. NO SE LO PIERDA!



Pancake Breakfast

The Knights of Columbus will be having a Pancake Breakfast, (which includes pancakes, eggs, sausage, potatoes, tortillas and salsa) Sunday, March 5th from 8:30am to 11am. DON'T MISS IT!

la Cuaresma es Buena para Tu Salud!

¿Sabía usted que las prácticas que fomenta la Cuaresma son buenas para nuestra salud física, mental y espiritual? *Meditación y oración han demostrado ayudar a bajar la presión arterial y niveles de estrés. * Abstenerse de consumo excesivo debido al ayuno conduce a un cuerpo más sano, una mente más afilada y un espíritu más abierto a Dios. * Dar también es bueno para tu salud! Personas que dan de su tiempo y tesoro tienen más energía, un sistema inmune más fuerte y una sensación de bienestar general.

Lent is Good for your Health!

Did you know that the practices that Lent encourages are good for our physical, mental and spiritual health? *Meditative prayer has proven to help lower blood pressure and stress levels. *Refraining from overconsumption due to fasting leads to a healthier body, a sharper mind and a spirit more open to God. *Giving is also good for your health! People who give of their time and treasure have more energy, a stronger immune system, and a sense of overall well-being.

Hora Sabatina

Unanse con otros parroquianos todos los Sabados de 7 a 8 de la mañana para una Sabatina dedicada a la Virgen de Guadalupe. Los invitamos para una hora especial con nuestra Madre.

Weekly Offering: \$4,605.00
 Second Offering: \$1,714.00
Total: \$6,319.00

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Thank you for your generous donations... your donations are the only source that help sustain your parish!



Pregnancy Crisis Help
 ~Call 1-800-395-HELP
Hurting After Abortion?
 ~Call 1-888-HOPE-790
 - hablan Español-

St. Joseph's Second Collections

This weeks 2nd collection is for Annual Catholic Appeal. Next week's 2nd collection will be for the Parish Development fund.

Lenten Prayer for TRANSFORMATION

Loving Father, I invite you into my life today and make myself available to you. Help me to become the-best-version-of-myself by seeking your will and becoming a living example of your love in the world. Open my heart to the areas of my life that need to change in order for me to carry out the mission and experience the joy you have imagined for my life. Inspire me to live the Catholic faith in ways that are dynamic and engaging. Show me how to best get involved in the life of my parish. Make our community hungry for best practices and continuous learning. Give me courage when I am afraid, hope when I am discouraged, and clarity in times of decision. Teach me to enjoy uncertainty and lead your Church to become all you imagined it would be for the people of our times. Amen.



Visit our Parish Website!!!

Check out St. Joseph's videos and pictures on the website. Visit our website for information about receiving Sacraments, news and updates from our parish and around the diocese. www.saintjosephsacramento.org

24 Hours for the Lord

The Diocese of Sacramento invites all Catholics to celebrate the 2nd Annual 24 Hours for the Lord to experience the Lord's loving mercy in the Sacrament of Reconciliation. This year's Lenten celebration will be marked with 24 hours of continuous confession in each of the 12 deaneries from noon on March 10, to noon on March 11. In other deaneries, 24 hours of the Sacrament of Reconciliation will be offered by rotating to several different sites. To find a parish near you, please visit www.bit.ly/24Lord

Fast, Pray and Give with the Diocese of Sacramento on Social Media

This Lent, the Diocese of Sacramento invites you to deepen your faith through social media. For each of the 40 days, you'll find a way to Fast, Pray, or Give related to the many challenges we Catholics face today. Challenges begin on Ash Wednesday, March 1. Follow the Diocese today! Facebook Diocese of Sacramento; Instagram @DioceseSacramento; Twitter @sacatholic

Parish Registration Form - Forma de Registraciòn Parroquial

Name / Nombre _____ **Spouse/Esposa** _____

Last Name / Apellido _____ **Phone #** _____

Address / Direccion _____

City / Ciudad _____ **Zip / Codigo Postal** _____

email _____